

INNOVATIVE USES FOR AFRICAN HIBISCUS TEA BAGS

Beyond the cup, hibiscus tea bags offer unique benefits for your child's health and hygiene. These tea bags can be used to naturally clean the ears, eyes, and nose of children, helping to prevent and soothe irritation, infections, and discomfort.

How to Use Tea Bags for Cleaning
After brewing and cooling, hibiscus tea bags can be gently applied to sensitive areas:

- **For Ear Cleaning:** Soak the tea bag in warm water, then gently use it to clean the outer part of your child's ear. The anti-inflammatory properties help soothe and remove impurities.
- **For Eye Cleaning:** Hibiscus tea has natural antibacterial qualities. Use a cooled tea bag as a compress over closed eyes to soothe redness, irritation, or mild infections.
- **For Nasal Cleaning:** If your child has a stuffy nose, dipping a tea bag in warm water and gently dabbing around the nostrils can provide relief. Hibiscus tea's soothing properties help open airways and ease discomfort.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease



HEALTH BENEFITS OF AFRICAN HIBISCUS TEA

- **Supports Heart Health:** Helps lower blood pressure and cholesterol levels.
- **Rich in Antioxidants:** Protects your body from free radicals, promoting overall well-being.
- **Boosts Immunity:** Packed with Vitamin C, which helps fight off colds and infections.
- **Aids Digestion:** Reduces bloating and supports gut health.
- **Hydration:** A delicious way to stay hydrated, it's caffeine-free and safe for all ages.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease



African Hibiscus Tea

Discover the Power of African Hibiscus Tea by Alkalina Tea. Made with 100% Hibiscus Sabdariffa (hibiscus) from Africa. African Hibiscus Tea is not only a delicious and refreshing beverage, but it also offers incredible health benefits.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease





How to Brew the Perfect Cup of African Hibiscus Tea


1. Bring 1-2 cups of water to a boil
2. Add 1-2 hibiscus tea bag(s).
3. Let it steep for 5-7 minutes for a bold flavor and rich color.
4. Sweeten with honey, or enjoy as is for a tart, refreshing taste.
5. Cool the tea for other uses such as cleaning or skincare treatments.

**MAKE HEALTHY DECISIONS NOW!
BEFORE THE DOCTOR FORCE YOU TO LATER**

Explore the magic of African Hibiscus Tea! Visit our online store for the best selection of natural hibiscus products and discover how this powerful tea can enhance your family's well-being.

 234-571-8844

 info@sheneefah.com

 www.sheneefah.com



ORDER NOW



ABOUT ALKALINA TEA

Alkalina Tea was created with the belief that it's never too late to embrace a healthy lifestyle. Our mission is to provide a range of beneficial teas & other products that support overall well-being and vitality.

Whether you're just starting your health journey or looking to maintain wellness, Alkalina Tea offers delicious, nutritious teas that make it easy to prioritize your health every day. Start your journey to better living with Alkalina Tea!

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease****

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease****

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease****

